

LAURENTIANS.com

# WHAT'S UP THIS SUMMER?

SPRING/SUMMER 2022

## ATTRACTIONS & ACTIVITIES



Elevate your world tour with the new Turkish bath at **Spa Le Finlandais** located in Rosemère! Under the dimmed lights of a grand chandelier, through marble vaults and Turkish-inspired faïence, step into a room of hot, enveloping steam known to be beneficial since the Roman Empire. This new, internationally-inspired experience is an expression of change, and the thermal cycle is complete with an ice bath right in the middle of the room!

[spalefinlandais.com](http://spalefinlandais.com)



**TAG E-Karting & Amusement** is a family-focused amusement center featuring eight incredible attractions located in Sainte-Thérèse. Thanks to the vision of Canadian champion Alex Tagliani, a 500-m multi-level circuit for adults was designed and combined with the most sophisticated Italian electric karts in the world. The 7D interactive theatre offers total immersion with multisensory adventures. There are other 100% adrenaline activities as well!

[tagekarting.com](http://tagekarting.com)



**Chez Lionel** is the new classic French brewery on the block in Sainte-Thérèse! Discover the cooking of head chef Frédéric Dufort, private import wines selected by the sommelier, all in a French brewery decor. Whether you go for lunch or a dinner date, the menu is always enticing.

[chezlionel.ca/saintetherese](http://chezlionel.ca/saintetherese)



**Golf Le Sélect** in Mirabel is releasing its 56 brand-new Club Car carts, equipped with the latest GPS technology and designed to enhance your golfing experience and decrease your personal scorecard! You can also expect faster play time, with access to your distances and help at all times, in addition to food service at your fingertips!

[golfselelect.com](http://golfselelect.com)



After several months of work, **Micro-brasserie Dieu du Ciel!** in Saint-Jérôme inaugurated its brand-new pub and beer garden on October 1<sup>st</sup>, 2021! This new location, not to mention its new menu, can accommodate 155 people indoors and 200 people on its wonderful patio overlooking the greenery. Growlers, cans, kegs, and apparel are also available for purchase at the store next to the pub.

[dieuduciel.com](http://dieuduciel.com)



**L'Archipel Amélio** is an immersive adventure park located in Saint-Jérôme featuring a new forest universe with nine mysterious islands to discover. The goal is neurostimulation, pushing limits, expressing creativity, and exploring nature with all the senses. Look for puzzles, adventure courses and obstacles, collective works of art and more, on a forest playground covering more than 45 acres.

[amelio.tv/archipel](http://amelio.tv/archipel)



After a fully digital edition and a second hybrid one, **Festival des Arts de Saint-Sauveur** is finally back in regular format under its big top from July 28 to August 7 with an incredible lineup of national and international dancers. Here's to seeing live dance again!

[festivaldesarts.ca](http://festivaldesarts.ca)



**Le Jardin de François** is seven acres of flower paradise in support of the Société Alzheimer des Laurentides. This year, discover the emotional Jardin des Souvenirs (Garden of Memories) along the river, where hundreds of words of hope and love are suspended, and the incredible sculpture by artist Michel Giroux in the new bed of love section! A must-see in Saint-Sauveur!

[jardindefrancois.com](http://jardindefrancois.com)



**Atelier Boutique Cotard**, where incredible flavours come to life, is opening in Sainte-Adèle. Discover the meticulous know-how of this exciting trade and let the culinary and artistic quality of the products awaken or enhance your chocolate experience. That's why there are no limits on creativity in the process of creating chocolates, candies, and ice creams in various exciting and enticing forms and flavours.

[cotardchocolatier.com](http://cotardchocolatier.com)



The dynamic company **Écho Aloha** now offers electric assistance bike rental to ride on the incomparable Aerobique Corridor, a trail in the heart of nature dotted with lakes and river. Also new on the menu: yoga on a yoga deck facing the river, SUP night excursions, and one-day packages including e-bike rental, SUP initiation and yoga!

[echoaloha.com](http://echoaloha.com)



**Tyroparc** in Sainte-Agathe-des-Monts invites you to discover *La Cité des Bois*, an aerial obstacle course accessible to all. La Cité des Bois contains many fun courses where you can test your agility and balance. With various heights and difficulty levels available, there is a course for everyone, from seasoned thrill-seekers to children three and up. You will progress safely through multiple levels and encounter obstacles such as the Surf, a Tarzan rope, a monkey bridge, ziplines and different types of suspended walkways.

[tyroparc.com](http://tyroparc.com)



In Sainte-Agathe-des-Monts, the legend of the Quebec stage that is **Théâtre Le Patriote** presents its new season in a fully renovated hall. New seats, facility upgrades, and renovations for greater comfort. The full program is back, to the delight of all.

[theatrepatriote.com](http://theatrepatriote.com)



A wonderful activity for animal lovers is now available at **Du Coq à l'Âne des Laurentides**, a farm in Huberdeau: a hike with a lama, alpaca, donkey, or pony! Adults can take part in this activity alone, with friends, or with family. The farm is home to hair and wool sheep, baby alpacas, donkeys, miniature ducks. Specialized training on the farm animals is also available.

[ducoqalanesdeslaurentides.com](http://ducoqalanesdeslaurentides.com)



A first in North America! This project called Treetop Trail (**Sentier des cimes**) – consists of a new super-elevated walkway and activity tower in Saint-Faustin-Lac-Carré (Mont-Blanc). It is a walkway at treetop canopy height and a tower forty metres tall. The educational aspect of the project extends throughout the site: the main building and walkway will feature informative pieces on the history of the location and the forest. Opening summer 2022. [sentierdescimes.com](http://sentierdescimes.com)



Because canoe camping is good. Canoe camping on an island is even better. But canoe camping on an island, right next to a climbing wall adapted to all difficulty levels and climbing styles, that's a whole other ballpark! **Parc régional du Poisson Blanc** now welcomes climbers-canoe campers at two different sites, two walls safely designed by professionals, two walls with unique personalities with their own surrounding village of campsites. [poissonblanc.ca](http://poissonblanc.ca)



**Parc régional Kiamika** has lots of new activities to recommend this summer, like the Kilby package, a canoe adventure along sandy shores, sea eagle nests, and enormous pine trees. The package includes a campsite for two people, a canoe for two people, and delivery of one bag of wood a night. Also new, a two-hour boat outing to discover the history and biodiversity of the reservoir. Plus, the hiking trails, of which there are six, have been redone, varying in distance and difficulty, with new viewpoints. Perfect for a family day in the Upper Laurentians! [reservoirkiamika.org](http://reservoirkiamika.org)



Located in Sainte-Agathe-des-Monts, directly on the shores of Sables Lake, **Auberge Aux Nuits de Rêve** now has a balcony with a view of the lake and a private outdoor spa in the suites and all rooms. According to Trip Advisor, this inn with themed suites and rooms is one of the top 10 hotels for couples in Canada! [reve.ca](http://reve.ca)



**D-Tour** offers custom activities, like a brand-new guided stand-up paddleboard (SUP) tour. This discovery tour takes place on the winding Diable River in the incomparable Parc national du Mont-Tremblant. Other guided tours are also available, allowing for a personalized experience according to need, expectation, and taste. [dtourtremblant.com](http://dtourtremblant.com)



**Rouge & Diable**, located in Mont-Tremblant, offers canoe and kayak river trips in the Tremblant area. The mission is to offer everyone the chance to enjoy the benefits of nature and the outdoors through kayaking and canoeing trips on the river, the perfect family and friend vacation activity. All packages include shuttle transportation, canoe or kayak, equipment rental and river trip. [rougediable.ca](http://rougediable.ca)



So many recommendations to try out! The alcohol production boom continues in the Laurentians. **New microbreweries and distilleries** are adding to the impressive array of existing establishments: Microbrasserie Route 8 in Saint-Eustache serves artisanal beers with Laurentian flavours using products from the regional culture. La Manufacture, a distillery in Sainte-Agathe-des-Monts, manufactures spirits such as Panacée gin and Narval vodka. Using an artisanal design, the spirits are developed from Quebec grains and pure, clear Laurentian water! [laurentians.com](http://laurentians.com)



A new cottage will be available this summer at **Pourvoirie du Lac Berval** located in Saint-Faustin-Lac-Carré (Mont-Blanc), called the "Rassembleur (Gatherer)". The name is fitting, since it can accommodate up to 16 people! It has its own private dock, two bathrooms, and four rooms. This cottage promises an unforgettable stay in nature with colleagues, friends, or the entire family. [pourvoiriedulacberval.com](http://pourvoiriedulacberval.com)



The **Traversée du Lac Tremblant** is back from August 3 to 7, 2022, with 5 events, 1,000 swimmers, 170 kayakers, and, two novelties this year: a 2-day swim camp to work on technique with certified coaches and the team 12 km, which involves crossing the entire lake while participants take turns swimming and kayaking. Register on the website. [traverseelactremblant.ca](http://traverseelactremblant.ca)



The **Municipality of Nominique** has created a new moving station in Parc de la Gare to let you enjoy, from your smartphone, works created by artists from the region. Parc le Renouveau Rosaire-Sénécal has added three new modules in the adventure course, bringing the total to ten, the floor has been improved for safety, and the Mésanges trail has been upgraded and now features footbridges. Complexe municipal has a developed space with Wi-Fi access and tabletop games outside. Lastly, Parc Grégoire-Charbonneau now has a new swing for parents and children 0-3 years, swing chairs for 2 to 3 people, and a real climbing wall! [municipalitenominique.qc.ca](http://municipalitenominique.qc.ca)

## LODGING



The **Grand TIMES Hotel Blainville-Mirabel** is the 6<sup>th</sup> and most recent hotel in the TIMES family. Located just opposite Premium Outlets Montréal along the Laurentian Highway. The TIMES Hotels are 100% Quebec-based and the furniture, equipment, and maintenance are provided by local companies and people. It features spacious and modern rooms and suites, an indoor pool, and a big state-of-the-art gym. What's more, 4 meeting rooms, the largest of which can accommodate a banquet of up to 100 people. [Grandtimeshotel.com](http://Grandtimeshotel.com)



Located 20 minutes from Mont-Tremblant and open since December 2021, **Les petits chalets** is the perfect place to reconnect as a couple. Each luxury tiny cottage on the property has a private spa, an indoor and outdoor fireplace, a full kitchen, a double shower, a 65-inch HD screen, and a skylight to fall asleep under the stars! Pets are welcome. [lespetitschalets.ca](http://lespetitschalets.ca)



Located on the outskirts of the town of Rivière-Rouge, **Motel Rivière-Rouge** welcomes its guests with a new digital experience. The motel's technology allows for keyless access to and departure from your rooms. The motel has a nice backyard with a patio, hammocks, and picnic tables.

[motelriviererouge.ca](http://motelriviererouge.ca)



**Groupe Camping Union** is developing camping options in the Upper Laurentians with Camping Union Lac-du-Cerf. It features new ready-to-camp sites, the transformation of some campsites into sites for day campers, and improved reception and sanitary facilities.

[campingunion.com](http://campingunion.com)



After it opened in 2012, with a cottage perched in the trees, **Les Toits du Monde** in Nominique hasn't stopped innovating and finding new visions. That's how the company now has six accommodations to its name, including two treehouses, a teepee, a traditional Mongolian yurt, a Hobbit house, and, most recently, a Tiny House. Even deep in the woods, this unconventional little trailer is hooked up to electricity to make it even cozier!

[lestoitsdumonde.ca](http://lestoitsdumonde.ca)

## AWARDS & DISTINCTIONS



**Auberge Beaux Rêves et spa** has been named best of the best by Trip Advisor! The quest for innovation continues with the most magical of spa evenings with ambient lighting, "women's Wednesdays" with yoga, the Chalet cosy (Cozy Cottage), and the Refuge riverain (Riverside Refuge) built out of logs in 1841!

[beauxreves.com](http://beauxreves.com)



**StoneHaven Le Manoir**, the crown jewel of hotels in the Laurentians, is now affiliated with the renowned Relais & Châteaux family. The prestigious establishment in Sainte-Agathe-des-Monts was recently renovated to reflect a style and layout of the early XX<sup>th</sup> century. The hotel is also renowned for its excellence both in terms of accommodation and its exceptional gourmet cuisine.

[stonehavenlemanoir.com](http://stonehavenlemanoir.com)



The incredible **Hôtel Quintessence** was again selected as one of the best hotels in Canada this year by the U.S. News & World Report\*. This year, the leading five-star boutique hotel in Mont-Tremblant was ranked one of the three best hotels in Quebec, a true honour!

[hotelquintessence.com](http://hotelquintessence.com)