



**Parc linéaire le P'tit Train du Nord**  
**Corridor Aérobique**  
**Trail Conditions - Wednesday July**  
**13, 2022**



**Le P'tit Train du Nord**

[www.ptittrainunord.com](http://www.ptittrainunord.com)

**Le Corridor Aérobique**

[www.corridoraerobique.ca](http://www.corridoraerobique.ca)

For more information XC ski:

From Saint-Jérôme to Val-David (km 0 to km 44.4): 450 745-0185 - [facebook.com/ptittrainunordhiver](https://facebook.com/ptittrainunordhiver) and the official site  
[www.ptittrainunord.com](http://www.ptittrainunord.com)

Corridor Aérobique: Réseau de ski de fond et de raquette de Morin-Heights: 450 226-3232, ext. 130 |  
[www.morinheights.com](http://www.morinheights.com)

Mont-Tremblant Sector (km 70 to 99,3): Ville de Mont-Tremblant, 819 425-8614 |  
[www.villedemont-tremblant.qc.ca/fr/loisirs/reseau-de-sentiers-hiver](http://www.villedemont-tremblant.qc.ca/fr/loisirs/reseau-de-sentiers-hiver)

# CODE OF CONDUCT IN SUMMER

## ALLOWED:



- Ride in a single file when part of a group
  - Ride at a reasonable speed and carry out safe manoeuvres
  - Keep the trail clear when stopping
  - Cyclists: ride on the right side of the trail and overtake on the left only
  - Pedestrians: walk on the left side of the trail (facing cyclists and skaters)
- Bike helmet is recommended Maximum speed recommended: 22 km/h.

## PROHIBITED:



- Dogs are not allowed on any of the trails;
- All motorized vehicles are prohibited from using the trails (with the exception of snowmobiles on those sectors set aside for their use in season)
- All electric scooters are prohibited from using the trails
- For safety purposes, walkers and hikers must walk face on to cyclists and skaters. This will allow pedestrians to see approaching cyclists and give everyone enough time to react.

## IN CASE OF AN EMERGENCY, DIAL 911

**We ask you to please exercise additional caution to help reduce the risk of accidents on the trail**