

# WHAT'S NEW IN THE LAURENTIANS

WINTER  
2011-2012



## Amerispa Station Baltique

[www.amerispa.ca](http://www.amerispa.ca)

Amerispa has just finished giving this jewel of a spa a new shine, in order to unveil the pearl of Nordic spas and give new, deeper meaning to the themes of relaxation and well-being. [A privileged encounter with Nature...](#) and nothing less! Two terraces lead down to the Rivière à Simon, a corner lounge in the Bistro terrace is equipped with heat lamps, two outdoor gazebos can be used for massages in a natural setting, either solo or for both of you at once. Finnish sauna, steam bath perfumed with eucalyptus, cold basin, Nordic falls, whirlpool baths, thermal falls, temperate pool, solariums and several relaxation areas with fireplaces where you can wait while your treatments are being prepared. Amerispa Station Baltique also proposes a gourmet stopover in the Bistro operated by chef Bernard Minguy of Chez Bernard. The menu is accompanied by a selection of wines by the glass.

## Hôtel SPA Watel

[www.hotelspawatel.com](http://www.hotelspawatel.com)

Winner in the 1 to 3-star lodging category at the Grands Prix du Tourisme Laurentides, this hotel in Sainte-Agathe des Monts offers an unbeatable view over magnificent Lac des Sables and was awarded [4 green keys](#) from Green Key in spring 2011. Major investments were made in the establishment in 2011 including: high-speed wireless Internet throughout the hotel including meeting rooms, free for all guests, renovation of all rooms, the superior rooms are now equipped with a minibar and smokeless fireplace, and exercise equipment has been added to the spa. New snowmobile packages with onsite rental service and a new conference package for corporate groups requiring 20 to 30 rooms. Corporate clients can now reserve the entire hotel for private events.

## Sport Zone

[www.sportzoneactivites.com](http://www.sportzoneactivites.com)

This outdoor activities supplier in [Saint-Adolphe-d'Howard](#) is already prepared for the colder times ahead. This winter, if you want to head out on some Laurentian trails, Sport Zone offers "Side by Side" Commander ATV vehicle rentals as well as snowmobiles. As soon as Lac Saint-Joseph freezes over properly, the skate rental service, with its skate sharpening facility, will allow access to the plowed and groomed trail on the lake, providing fun and exercise for young and old.

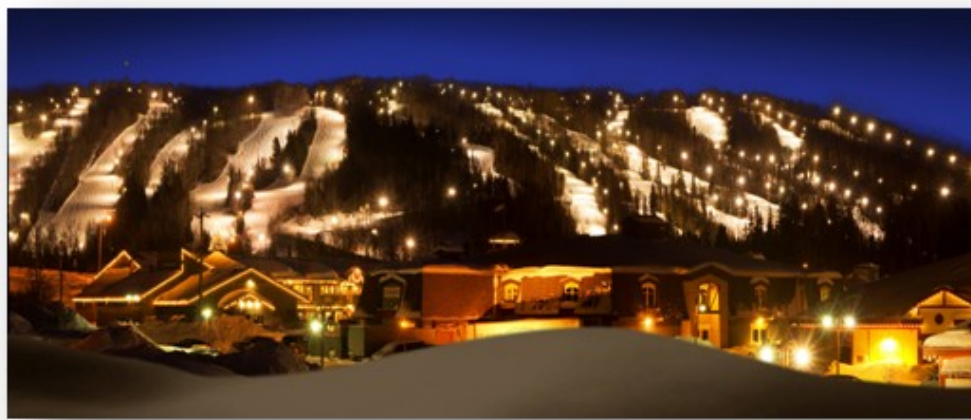


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## Mont Saint-Sauveur

[www.mssi.ca](http://www.mssi.ca)

More than \$4.6M will be invested in order to provide visitors with a unique and memorable experience. In order to invest in the future and facilitate access to this sport and develop new skiers, new rental centres, beginners' trails and introductory programs will be set up. The rental service will be completely overhauled for this season, with a new range of HEAD BYS skis. Recognized as being the most efficient equipment for learning to ski.



In addition, Mont Saint-Sauveur is setting up a new program called *Intro-plus*, giving new skiers a chance to experience this sport for the first time. In addition to a detailed explanatory video, new signage is being deployed to ensure that this first experience on skis takes place in a safe and worry-free environment.

Complete redecorating of the Bistro-Bar 70 is presently underway, and it has been redesigned with a view to making it a favourite spot for all visitors to the Saint-Sauveur Valley to get together. **This unique bistro** will be a pleasant place to sit down to a midday meal, relax between runs during the day, enjoy a lively 5 to 7 happy hour in a lounge décor, savour meals with friends backed up by an excellent wine list or perhaps to swing and dance to some invigorating music during electric evenings, to the sound of the latest DJ.

Thanks to its new system of automatic gates and radio-frequency identification on the ski lifts, the era of having to purchase ski tickets is finally over! The new automatic gates allow skiers who are cardholding members or have day tickets with radio-frequency identification, to access the lifts without showing their cards.

## Chalets Chanteclair

[www.chanteclair.com](http://www.chanteclair.com)

In June 2011, Chalets Chanteclair in Val-David inaugurated its brand **new restaurant Ô Cèdre** offering fine Lebanese cuisine. Packages including chalet accommodation and meals are now available.

## Ski Mont-Habitant

[www.monthabitant.com](http://www.monthabitant.com)

Snowboard enthusiasts will be pleased to learn that Mont-Habitant will be opening a **brand new snow park** for the Holidays. In fact, one whole trail will be set aside, with a glade run and modules.

## The Murales des Pays-d'en-Haut Mobile Circuit

[www.lespaysdenhaut.com](http://www.lespaysdenhaut.com)

The CLD des Pays-d'en-Haut has officially launched the Murales des Pays-d'en-Haut mobile circuit, a **new cultural tourism circuit integrating new technologies**. Users of smart phones can now take their devices on a walk along a circuit featuring twelve murals that are to be found scattered around the centre of Sainte-Adèle village. Using QR code technology (barcodes in two dimensions) located on the explanatory panels of each mural, this circuit via mobile telephone gives visitors access to exclusive information: videos made in conjunction with the artist, old photos, the process of creation involved and an audio description relating certain historic facts linked to the work in question.

## Café Ô Lit

[www.cafeolit.com](http://www.cafeolit.com)

Winner of the Grand Prix du Tourisme des Laurentides 2011 in the B&B category, this establishment in Sainte-Adèle also has a cultural vocation and presents, two or three times per year, **house concerts** featuring some of tomorrow's up and coming talents in song, music, dance



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## Le parc régional bois de Belle-Rivière

[www.boisdebelleriviere.com](http://www.boisdebelleriviere.com)

After an investment of \$593,000, a brand new 7-km multi-sport trail has been added to the existing 10-km trail. The multi-sport trail can be used for walking, jogging, Nordic walking, cycling and cross-country skiing in winter. Le Sentier Art3, a 1-km artistic trail accessible year-round, features two new works in 2011, including a "bicycle tree" by artist Marc Dulude. During winter, visitors are invited to put on snowshoes and go into the forest to discover these artworks. The Bois de Belle-Rivière also offers a new slide for the winter season. With a height of 15 metres and a length of 82 metres, it provides 2 corridors for those who love sliding. There is also a specific lane for climbing back up so that the site is quite safe at all times.

## Mont-Tremblant National Park

[www.sepaq.com](http://www.sepaq.com)

A new 14-km cross-country trail around Lac Monroe. This new intermediate loop trail takes you on a discovery tour of the magnificent valley of the Diabie River up to the falls known as Chutes-Croches. Come and learn about this natural environment by meeting a park guide/naturalist at the Lac Monroe service centre on Saturday afternoons.

## Pourvoirie Club Fontbrune

[www.club-fontbrune.qc.ca](http://www.club-fontbrune.qc.ca)

New for winter 2011-2012: the outfitter offers snowmobile rentals on site with all the necessary equipment. In addition, dog sledding packages for 1 / 2 to 2 days with overnight shelter are available.

## Festival J'aime Sainte-Adèle

February 10, 11 and 12, 2012

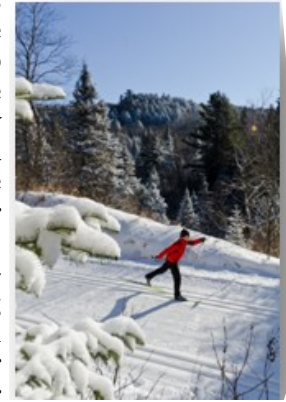
[www.jmstadele.com](http://www.jmstadele.com)

Several new items are on the menu for this 2nd edition of this festival marrying shows and gourmet delights including two days of outdoor activities on Lac Rond with the special "Sainte-Adèle On Ice" event and the addition of a national ice-climbing competition with a jury to award medals.

## "Le P'tit Train du Nord" linear park

[www.laurentides.com](http://www.laurentides.com)

A new section for cross-country skiing is now open on the linear park in Mont-Tremblant extending over a distance of 10 kilometres starting at the Montée Kavanagh and going up to Chemin des Boisés alongside Lac Mercier. This new groomed trail gives users a chance to discover some spectacular views over landscape of unique beauty. The village of Mont-Tremblant offers free parking as well as an equipment rental service. Nearby, three outdoor skating areas are available for visitors to satisfy all members of the family.



## Le Centre Kanatha-aki

[www.kanatha-aki.com](http://www.kanatha-aki.com)

New survival-in-forest activity. Look out for lots of adventure and adrenaline!

Three packages available, including the unique survival experience with drop-off by helicopter courtesy of Héli-Tremblant. Activities in which you are going to experience and discover an unforgettable adventure in a realistic situation with a unique and instructive challenge. Survival courses offered year-round. The packages take

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